

THE J.L. STOMPERS'

Line Dance Steps



Sea Salt Sally

TYPE: 4 Wall Line Dance
DIFFICULTY: Advanced Beginner/Intermediate
COUNT: 96
CHOREOGRAPHER: Kate Sala

MUSIC SUGGESTIONS

'Sea Salt Sally' by **Rick Guard**

Face front, weight on Left foot. 32 count intro

STEP, HOLD, STEP, HOLD, COASTER STEP, HOLD.

1 - 4 Step forward on Right foot. Hold. Step forward on Left foot. Hold.
5 - 6 Step back on Right foot. Step Left foot beside Right.
7 - 8 Step forward on Right foot. Hold.

FORWARD LOCK STEP, HOLD, ROCKING CHAIR

1 - 2 Step forward on Left foot. Lock Right foot behind Left.
3 - 4 Step forward on Left foot. Hold.
5 - 6 Step forward on Right foot. Rock back onto Left foot.
7 - 8 Step back on Right foot. Rock forward onto Left foot.

STEP, ½ PIVOT TURN, STEP, HOLD, TRIPLE FULL TURN RIGHT, HOLD

1 - 4 Step forward on Right foot. ½ Pivot turn Left. Step forward on Right foot. Hold.
5 - 6 Making ½ turn Right, step back on Left foot.
½ Turn Right, stepping forward on Right foot.
7 - 8 Step forward on Left foot. Hold.

Option: *Counts 5 - 8 can be replaced with a forward lock step, hold.*

STEP, HOLD, SIDE, HOLD, COASTER STEP, HOLD

1 - 4 Step forward on Right foot. Hold. Step Left foot to Left side. Hold
5 - 6 Step back on Right foot. Step Left foot beside Right.
7 - 8 Step forward on Right foot. Hold.

FORWARD LOCK STEP, HOLD, ROCKING CHAIR

1 - 2 Step forward on Left foot. Lock Right foot behind Left.
3 - 4 Step forward on Left foot. Hold.
5 - 6 Step forward on Right foot. Rock back onto Left foot.
7 - 8 Step back on Right foot. Rock forward onto Left foot.

STEP, ½ PIVOT TURN, STEP, HOLD, TRIPLE FULL TURN RIGHT, HOLD

1 - 2 Step forward on Right foot. ½ Pivot turn Left. Step forward on Right foot. Hold.
5 - 6 Making ½ turn Right, step back on Left foot.
Making ½ turn Right, step forward on Right foot.
7 - 8 Step forward on Left foot. Hold.

Option: *Counts 5 - 8 can be replaced with a forward lock step, hold.*

/MORE OVER→

THE J.L. STOMPERS'

Line Dance Steps



Sea Salt Sally (Cont.)

TOE STRUT RIGHT, BACK ROCK, TOE STRUT LEFT, BACK ROCK

- 1 - 2 Strut Right foot out to Right side. Drop heel taking weight.
3 - 4 Step back on Left foot. Rock forward onto Right foot.
5 - 6 Strut Left foot out to Right side. Drop heel taking weight.
7 - 8 Step back on Right foot. Rock forward onto Left foot.

WEAVE RIGHT, HOLD, BACK ROCK

- 1 - 2 Step Right foot to Right side. Step Left foot behind Right.
3 - 4 Step Right foot to Right side. Step Left foot across over Right.
5 - 6 Step Right foot to Right side. Hold.
7 - 8 Step back on Left foot. Rock forward onto Right foot.

SIDE ROCK, TOUCH, HEEL DIG, TOUCH, SIDE ROCK, TOGETHER

- 1 - 3 Step Left foot out to Left side. Recover onto Right foot.
Touch Left foot beside Right.
4 - 5 Dig Left heel forward to Left diagonal. Touch Left foot beside Right instep.
6 - 8 Step Left foot out to Left side. Recover onto Right foot.
Step Left foot beside Right.

COASTER CROSS, HOLD, SCISSOR STEP, HOLD.

- 1 - 2 Step back on Right foot. Step Left foot beside Right.
3 - 4 Step Right foot across over Left. Hold.
5 - 6 Step Left foot to Left side. Step Right foot beside Left.
7 - 8 Step Left foot across over Right. Hold.

¼ TURN LEFT, HOLD X 2, CROSS ROCK, SIDE ROCK

- 1 - 2 Making ¼ turn Left, step back on Right foot. Hold.
3 - 4 Making ¼ turn Left, step Left foot to Left side. Hold.
5 - 6 Step Right foot across over Left. Rock back onto Left foot.
7 - 8 Step Right foot to Right side. Recover weight onto Left foot.

¼ TURN SAILOR STEP, HOLD, STEP, ½ PIVOT TURN, STEP, HOLD

- 1 - 2 Step Right foot behind Left. Making ¼ turn Right, step Left foot to Left side
3 - 4 Step forward on Right foot. Hold.
5 - 6 Step forward on Left foot. ½ Pivot turn Right.
7 - 8 Step forward on Left foot. Hold.

REPEAT



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
Come and Join
The FUN Class!

Place: St. Edmund Campion School Hall
Altwood Road, Maidenhead
Time: Every Monday from 7.15 to 9.45 p.m.
* First half hour especially for Beginners *

Price: £4.00 per session
Info: Jennifer on 01628 635305