

THE J.L. STOMPERS'

Line Dance Steps



Like A Hero

TYPE: 2 Wall Line Dance
DIFFICULTY: Intermediate
COUNT: 64 plus 2 tags
CHOREOGRAPHER: Robbie McGowan Hickie

MUSIC SUGGESTIONS <i>'Hero'</i> by Charlotte Perrelli

*Face front, weight on Left foot.
16 count Intro*

STEP FORWARD, ½ TURN RIGHT, RIGHT COASTER STEP, STEP FORWARD, ½ TURN LEFT, BEHIND, SIDE CROSS

1 - 2 Step forward on Right foot. Making ½ turn Right, step back on Left foot.
3 & 4 Step back on Right foot. Step Left foot beside Right. Step forward on Right foot.
5 - 6 Step forward on Left foot. Making ½ turn Left, step back on Right foot.
7 & 8 Sweet Left foot behind Right. Step Right foot to Right side. Step Left foot across over Right.

SIDE, TOGETHER, BACK LOCK STEP, ¼ TURN SIDE ROCK, CROSS SHUFFLE

1 - 2 Step Right foot to Right side. Step Left foot beside Right.
3 & 4 Step back on Right foot. Lock Left foot across over Right. Step back on Right foot.
5 - 6 Making ¼ turn Left, step Left foot to Left side. Recover weight onto Right foot.
7 & 8 Step Left foot across over Right. Step Right foot to Right side.
Step Left foot across over Right.

½ MONTEREY TURN WITH HOLDS, TOGETHER, FORWARD ROCK, 2 X ½ TURNS RIGHT

1 - 2 Touch Right foot out to Right side. Hold.
& 3 - 4 Making ½ turn Right, step Right foot beside Left. Touch Left foot out to Left side. Hold.
& 5 - 6 Step Left foot beside Right. Rock forward onto Right foot. Rock back onto Left foot.
7 - 8 Making ½ turn Right, step forward on Right foot. Making ½ turn Right, step back on Left foot.

BACK ROCK, KICK BALL STEP, FORWARD ROCK, TRIPLE STEP WITH FULL TURN RIGHT

1 - 2 Step back on Right foot. Rock forward onto Left foot.
3 & 4 Kick Right foot forward. Step Right foot beside Left. Step forward on Left foot.
5 - 6 Step forward on Right foot. Rock back onto Left foot.
7 & 8 Triple step **on the spot** making a full turn Right, stepping - Right, Left, Right.

CROSS, HOLD, AND HEEL JACK ¼ TURN LEFT, HOLD, SIDE ROCK, RECOVER WITH HITCH, CHASSE LEFT

1 - 2 Step Left foot across over Right (*body facing Right diagonal*). Hold.
& 3 - 4 Making ¼ turn Left, step back on Right foot. Touch Left heel diagonally forward Left. Hold.
5 - 6 Step Left foot out to Left side. Recover weight onto Right foot, hitching Left knee across Right.
7 & 8 Step Left foot to Left side. Step Right foot beside Left. Step Left foot to Left side. (12.00)

/MORE OVER➔

THE J.L. STOMPERS'

Line Dance Steps



Like A Hero (cont.)

BACK ROCK, KICK BALL CROSS, STOMP, HOLD, LEFT ¼ TURNING SAILOR CROSS

- 1 - 2 Step back on Right foot. Rock forward onto Left foot.
3 & 4 Kick Right foot diagonally forward. Step ball of Right foot beside Left.
Step Left foot across over Right.
5 - 6 Stomp Right foot out to Right side. Hold.
7 & 8 Step Left foot behind Right, making ¼ turn Left. Step Right foot beside Left.
Step Left foot across over Right.

SIDE STEP, DRAG, LEFT KICK BALL CROSS, SIDE STEP, TOGETHER, SHUFFLE FORWARD

- 1 - 2 Taking a long step, step Right foot to Right side. (*Angle body diagonally Left.*)
Drag Left foot towards and beside Right.
3 & 4 Kick Left foot diagonally forward, Step ball of Left foot beside Right.
Step Right foot across over Left.
5 - 6 (*Straighten up to 9.00*) Step Left foot to Left side. Step Right foot beside Left.
7 & 8 Left shuffle forward, stepping - Left, Right, Left.

FORWARD ROCK, ¾ TURN TRIPLE STEP, FORWARD ROCK, COASTER STEP

- 1 - 2 Step forward on Right foot. Rock back onto Left foot.
3 & 4 Making ¾ turn Right, triple step, stepping Right, Left, Right.
5 - 6 Step forward on Left foot. Rock back onto Right foot.
7 & 8 Step back on Left foot. Step Right foot beside Left. Step forward on Left foot. (6.00)

REPEAT

TAGS: A 16 Count tag is needed at the end of Wall 2 and a 4 count tag at the end of Wall 4

16 COUNT TAG: FORWARD ROCK AND HEEL, HOLD, AND FORWARD ROCK, ½ TURNING RIGHT SHUFFLE

- 1 - 2 Step forward on Right foot. Rock back onto Left foot.
& 3 - 4 Step back on Right foot. Touch Left heel forward. Hold
& 5 - 6 Step Left foot back to place. Step forward on Right foot. Rock back onto Left foot.
7 & 8 Making ½ turn, Right shuffle stepping - Right, Left, Right.
9 - 16 Repeat above counts 1 - 8 on opposite foot.

4 COUNT TAG: STEP ½ PIVOT TURN X 2

- 1 - 2 Step forward on Right foot. ½ Pivot turn Left.
3 - 4 Step forward on Right foot. ½ Pivot turn Left.



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
Come and Join
The FUN Class!

Place: St. Edmund Campion School Hall
Altwood Road, Maidenhead
Time: Every Monday from 7.15 to 9.45 p.m.
★ *First half hour especially for Beginners* ★
Price: £5.00 per session
Info: Jennifer on 01628 635305