

THE J.L. STOMPERS'

Line Dance Steps



Inside Out

TYPE: 4 Wall Line Dance
DIFFICULTY: Intermediate
COUNT: 32
CHOREOGRAPHER: Kim Ray

MUSIC SUGGESTIONS

'On the Outside' by **Roch Voisine**

Face front, weight on Left foot.

32 cont intro

CROSS ROCK, BALL CROSS SIDE, BACK CROSS, COASTER CROSS, CROSS

1 - 2 Step Right foot across over Left. Recover weight onto left foot.
& 3 - 4 Step slightly back on Right foot. Step Left foot across over Right.
Step Right foot to Right side.
& 5 - 6 Facing Left diagonal step back on Left foot. Step Right foot across over Left.
Step back on Left foot.
& 7 - 8 Straightening up step Right foot beside Left. Step Left foot across over Right.
Step Right foot across over Left.
Note Counts 7 - 8 are travelling forward.

½ TURN RIGHT, BACK ROCK, ¼ TURN LEFT, BACK ROCK, ½ TURN RIGHT, FULL TURN RIGHT

1 & 2 Triple step making ½ turn Right, stepping - Left, Right, side Left.

RESTART: On Wall 4, start dance again from the beginning at this point.

3 & 4 Step back on Right foot. Recover forward onto Left foot.
Making ¼ turn Left, step Right foot to Right side.
5 & 6 Step back on Left foot. Recover forward onto Right foot.
Making ½ turn Right, step Left foot beside Right.
7 & 8 Triple step making full turn Right, stepping - Right, Left, Right.

BALL STEP, RUN RUN, FORWARD ROCK, COASTER CROSS, SIDE ROCK CROSS

& 1 Step slightly forward on Left foot. Step forward on Right foot.
2 & Small step/run forward on Left foot. Small step/run forward on Right foot.
3 - 4 Step forward on Left foot. Recover back onto Right foot.
5 & 6 Step back on Left foot. Step Right foot beside Left.
Step Left foot across over Right.
7 & 8 Step Right foot to Right side. Recover side onto Left foot.
Step Right foot across over Left.

/MORE OVER→

'THE J.L. STOMPERS'

Line Dance Steps



Inside Out (cont.)

½ TURN, CROSS AND, CROSS ROCK, BALL CROSS, UNWIND, BALL CROSS, UNWIND

& 1 Making ¼ turn Right, step back on Left foot.
 Making ¼ turn Right, step Right foot to Right side.
2 & Step Left foot across over Right. Step Right foot to Right side.
3 - 4 Step Left foot across over Right. Recover weight onto Right foot.
& 5 - 6 Step Left foot to Left side. Step Right foot across over Left.
 Unwind full turn Left. (Weight finishes on Right foot)

OPTION: Replace count 6 with hold.

& 7 Step Left foot to Left side. Step Right foot across over Left.
8 & Unwind full turn Left. (Weight finishes on Right foot)
 Step Left foot to Left side.

OPTION: Replace count 8 with hold.

Note: Counts & 5 and 8 & are all travelling to Left side.

REPEAT



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
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