

# ***'THE J.L. STOMPERS'***

## **Line Dance Steps**



### **Heartbreak Express**

**TYPE:** 4 Wall Line Dance  
**DIFFICULTY:** Advanced Beginner  
**COUNT:** 32  
**CHOREOGRAPHER:** Peter Metelnick (Can) 1998

#### **MUSIC SUGGESTIONS**

**'Tonight The Heartache's On Me' - Dixie Chicks**

*Face front, weight on Left foot.*

*Start dance when the 'Chicks' sing"...through the door", the first step of the dance is on the word 'door'*

#### **SIDE, BEHIND, HEEL BALL CROSS, SIDE ROCK & CROSS SHUFFLE**

1 - 2 Step Right foot to Right side. Cross Left foot behind Right.  
3 & Touch Right heel forward. Step Right foot beside Left.  
4 Cross Left foot over Right.  
5 - 6 Step Right foot to Right side. Rock to Left side on Left foot.  
7 & Step Right foot across over Left. Step Left foot beside Right.  
8 Step Right foot across over Left.

#### **SIDE, BEHIND, HEEL BALL CROSS, ROCK, ¼ TURN, FORWARD SHUFFLE**

9 - 10 Step Left foot to Left side. Cross Right foot behind Left.  
11 & Touch Left heel forward. Step Left foot beside Right.  
12 Cross Right foot over Left.  
13 Step Left foot to Left side.  
14 Rock weight onto Right foot, making ¼ turn Right.  
15 & Step forward on Left foot. Step Right foot beside Left.  
16 Step forward on Left foot.

#### **FORWARD STEPS, KICK BALL CHANGE, STEP ¼ TURN X 2**

17 - 18 Step forward on Right foot. Step forward on Left foot.  
19 & Kick Right foot forward. Step ball of Right foot beside Left.  
20 Step Left foot beside Right.  
21 - 22 Step forward on Right foot. ¼ Pivot turn Left on Left foot.  
23 - 24 Step forward on Right foot. ¼ Pivot turn Left on Left foot.

#### **ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, COASTER CROSS**

25 - 26 Step forward on Right foot. Rock back onto Left foot.  
27 & 28 Shuffle step turning ½ turn Right, stepping - Right, Left, Right.  
29 - 30 Step forward on Left foot. Rock back onto Right foot.  
31 & Step back on Left foot. Step Right foot beside Left.  
32 Cross Left foot over Right.

**REPEAT**