

THE J.L. STOMPERS'

Line Dance Steps



Head Over Heels

TYPE: 2 Wall Line Dance
DIFFICULTY: Advanced Beginner
COUNT: 56
CHOREOGRAPHER: Andrew, Simon and Sheila

<p>MUSIC SUGGESTIONS <i>'Head Over Heels' by Abba</i></p>
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Face front, weight on Left foot.

30 seconds intro - start on the word 'Very..'

WALK, WALK, KICK BALL CHANGE, ½ PIVOT TURN, KICK BALL CHANGE

1 - 2 Walk forward on Right foot. Walk forward on Left foot.
3 & 4 Kick Right foot forward. Step Right foot beside Left. Step Left foot beside Right.
5 - 6 Step forward on 'Right foot. 1/2 Pivot turn Left.
7 & 8 Kick Right foot forward. Step Right foot beside Left. Step Left foot beside Right.

ROCK, RECOVER, COASTER STEP, TOE STRUT X 2

1 - 2 Step forward on Right foot. Rock back onto Left foot.
3 & 4 Step back on Right foot. Step Left foot beside Right. Step forward on Right foot.
5 - 6 Step forward on Left toe. Drop Left heel.
7 - 8 Step forward on Right toe. Drop Right heel.

ROCK, RECOVER, ½ TURN SHUFFLE, ¼ PIVOT TURN, CROSS SHUFFLE

1 - 2 Step forward on Left foot. Rock back onto Right foot.
3 & 4 Making ½ turn Left, shuffle, stepping - Left, Right, Left.
5 - 6 Step forward on Right foot. ¼ turn Left, stepping Left foot to Left side.
7 & 8 Step Right foot across over Left. Step Left foot to Left side.
Step Right foot across over Left.

ROCK, RECOVER, WEAVE, ROCK, RECOVER, WEAVE

1 - 2 Step Left foot to Left side. Recover weight onto Right foot.
3 & 4 Step Left foot behind Right. Step Right foot to Right side.
Step Left foot across over Right.
5 - 6 Step Right foot to Right side. Recover weight onto Left foot.
7 & 8 Step Right foot behind Left. Step Left foot to Left side.
Step Right foot across over Left.

MAMBO, MAMBO, ROCK, RECOVER, ½ TURN SHUFFLE

1 & 2 Step Left foot to Left side. Recover weight onto Right foot.
Step Left foot beside Right.
3 & 4 Step Right foot to Right side. Recover weight onto Left foot.
Step Right foot beside Left.
5 - 6 Step forward on Left foot. Rock back onto Right foot.
7 & 8 Making ½ turn Left, shuffle, stepping - Left, Right, Left.

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'THE J.L. STOMPERS'

Line Dance Steps



Head Over Heels (cont.)

ROCK, RECOVER, ½ TURN SHUFFLE, STEP ½ PIVOT TURN, KICK BALL CHANGE

- 1 - 2 Step forward on Right foot. Rock back onto Left foot.
3 & 4 Making ½ turn Right, shuffle, stepping - Right, Left, Right.
5 - 6 Step forward on Left foot. ½ Pivot turn Right.
7 & 8 Kick Left foot forward. Step Left foot beside Right. Step Right foot beside Left.


¼ PIVOT TURN, KICK BALL CHANGE, ROCK RECOVER, COASTER STEP

- 1 - 2 Step forward on Left foot. ¼ Pivot turn Right.
3 & 4 Kick Left foot forward. Step Left foot beside Right. Step Right foot beside Left.
5 - 6 Step forward on Left foot. Rock back onto Right foot.
7 & 8 Step back on Left foot. Step Right foot beside Left. Step forward on Left foot.

Note:

On wall 3 dance up to count 14 - Left toe heel strut, step ½ pivot turn.
START DANCE AGAIN

On wall 6 dance up to count 4 (Right kick ball change, step ½ pivot turn Left,
START DANCE AGAIN



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
Come and Join
The FUN Class!

Place: St. Edmund Campion School Hall
Altwood Road, Maidenhead
Time: Every Monday from 7.15 to 9.45 p.m.
* First half hour especially for Beginners *

Price: £4.00 per session
Info: Jennifer on 01628 635305