

THE J.L. STOMPERS'

Line Dance Steps



Go With the Flow!

TYPE: 4 Wall Line Dance
DIFFICULTY: Improver
COUNT: 64
CHOREOGRAPHER: Peter and Alison

MUSIC SUGGESTIONS

'Let Your Love Flow' (7th Heaven Radio Edit) by Alan Connor

Face front, weight on Left foot.

RIGHT JAZZ BALL CROSS, POINT, SIDE SWITCH, POINT, SWITCH, WALK, WALK, ½ PIVOT TURN

1 - 2 Step Right foot across over Left. Step back on Left foot.
& 3 - 4 Step Right foot beside Left. Step Left foot across over Right.
Point Right foot to Right side.
& 5 Step Right foot beside Left. Point Left foot to Left side.
& 6 Step Left foot beside Right. Step forward on Right foot.
7 - 8 Step forward on Left foot. ½ Pivot turn Right. (6.00)

LEFT FORWARD, TOUCH, RIGHT SHUFFLE BACK, LEFT BACK, TOUCH, RIGHT SHUFFLE FORWARD

1 - 2 Step forward on Left foot. Touch Right foot beside Left.
3 & 4 Right shuffle back, stepping - Right, Left, Right
5 - 6 Step back on Left foot. Touch Right foot beside Left.
7 & 8 Right shuffle forward, stepping - Right, Left, Right.

LEFT STEP FORWARD, ¼ PIVOT TURN, LEFT CROSS SHUFFLE, SIDE ROCK, RECOVER, RIGHT COASTER STEP

1 - 2 Step forward on Left foot. ¼ Pivot turn Right. (9.00)
3 & 4 Step Left foot across over Right. Step Right foot to Right side.
Step Left foot across over Right.
5 - 6 Step Right foot to Right side. Recover weight onto Left foot.
7 & 8 Step back on Right foot. Step Left foot beside Right.
Step forward on Right foot. (9.00)

4 TRAVELLING FORWARD HEEL SWITCHES, LEFT STEP FORWARD, RIGHT STEP FORWARD, ½ PIVOT TURN LEFT, RIGHT STEP FORWARD

1 & Touch Left heel forward. Step Left foot beside Right.
2 & Touch Right heel forward. Step Right foot beside Left.
3 & Touch Left heel forward. Step Left foot beside Right.
4 & Touch Right heel forward. Step Right foot beside Left.

Note: Travelling forward as you do the heel switches. They are NOT done on the spot.

5 - 6 Step forward on Left foot. Step forward on Right foot.
7 - 8 ½ Pivot turn Left. Step forward on Right foot. (3.00)

/MORE OVER→

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Line Dance Steps



Go With The Flow! (cont.)

DIAGONAL LOCK STEPS, RIGHT STEP FORWARD, ½ PIVOT TURN, DIAGONAL FORWARD SHUFFLE

Note: Travelling towards Left diagonal. (1.00)

- 1 - 2 Step forward on Left foot. Lock Right foot behind Left.
3 & 4 Step forward on Left foot. Lock Right foot behind Left. Step forward on Left foot.
5 - 6 Step forward on Right foot. ½ Pivot turn Left to opposite diagonal. (7.00)
7 & 8 Right shuffle forward, stepping - Right, Left, Right. (7.00)

DIAGONAL LOCK STEPS, RIGHT STEP FORWARD, ½ PIVOT TURN, DIAGONAL FORWARD SHUFFLE

Note: Travelling towards Left diagonal. (7.00)

- 1 - 2 Step forward on Left foot. Lock Right foot behind Left.
3 & 4 Step forward on Left foot. Lock Right foot behind Left. Step forward on Left foot.
5 - 6 Step forward on Right foot. ½ Pivot turn Left to opposite diagonal. (1.00)
7 & 8 Right shuffle forward, stepping - Right, Left, Right. (1.00)

STEP FORWARD, TOUCH RIGHT BEHIND LEFT, STEP BACK, TOUCH LEFT HEEL FORWARD, STEP LEFT TOGETHER, WALK, (SQUARING TO WALL), WALK, POINT RIGHT TO RIGHT SIDE, RIGHT COASTER STEP

- 1 - 2 Step forward on Left foot. Touch Right foot behind Left.
& 3 Step back on Right foot. Touch Left heel forward.
& 4 Step Left foot beside Right. Step slight forward, squaring off to 3.00 wall.
5 - 6 Step forward on Left foot. Point Right foot to Right side.
7 & 8 Step back on Right foot. Step Left foot beside Right. Step forward on Right foot.

STEP FORWARD, ½ PIVOT TURN, FORWARD SHUFFLE, FORWARD, TOUCH, STEP BACK, RIGHT KICK BALL CHANGE

- 1 - 2 Step forward on Left foot. ½ Pivot turn Right.
3 & 4 Left shuffle forward, stepping - Left, Right, Left.
5 - 6 & Step forward on Right foot. Touch Left foot beside Right. Step back on Left foot.
7 & 8 Kick Right foot forward. Step Right foot beside Left.
Step Left foot beside Right. (9.00)

REPEAT



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
Come and Join
The FUN Class!

Place: St. Edmund Campion School Hall
Altwood Road, Maidenhead
Time: Every Monday from 7.15 to 9.45 p.m.
* First half hour especially for Beginners *

Price: £5.00 per session
Info: Jennifer on 01628 635305