

THE J.L. STOMPERS'

Line Dance Steps



Eagles Rock

TYPE: 4 Wall Line Dance
DIFFICULTY: Advanced Beginner/Intermediate
COUNT: 64
CHOREOGRAPHER: Gaye Teather

MUSIC SUGGESTIONS

'How Long' by The Eagles

Face front, weight on Left foot. 24 count intro.

SIDE ROCK, CROSS SHUFFLE, ¼ TURN X 2, CROSS, HOLD

- 1 - 2 Step Right foot to Right side. Recover onto Left foot.
3 & 4 Step Right foot across over Left. Step Left foot to Left side.
Step Right foot across over Left.
5 - Making ¼ turn Right, step back on Left foot.
Making ¼ turn Right, step Right foot to Right side.
7 - 8 Step Left foot across over Right. Hold and clap hands.

SIDE ROCK, CROSS SHUFFLE, ¼ TURN X 2, CROSS, HOLD

- 1 - 2 Step Right foot to Right side. Recover onto Left foot.
3 & 4 Step Right foot across over Left. Step Left foot to Left side.
Step Right foot across over Left.
5 - Making ¼ turn Right, step back on Left foot.
Making ¼ turn Right, step Right foot to Right side.
7 - 8 Step Left foot across over Right. Hold and clap hands.

FORWARD ROCK, WALK BACK X 2, BACK ROCK, STEP, TOUCH

- 1 - 2 Step forward on Right foot. Recover back onto Left foot.
3 - 4 Walk back, on Right foot. Walk back on Left foot.
5 - 6 Step back on Right foot. Recover forward onto Left foot.
7 - 8 Step forward on Right foot. Touch Left foot beside Right.

ROCK X 4, JAZZ BOX, TOUCH

- 1 - 2 Step Left foot to Left side, rocking weight onto Left foot.
Rock weight onto Right foot.
3 - 4 Rock weight onto Left foot. Rock weight onto Right foot.
5 - 6 Step Left foot across over Right. Step back on Right foot.
7 - 8 Step Left foot to Left side. Touch Right foot beside Left.

RIGHT CHASSE, BACK ROCK, KICK BALL CROSS X 2

- 1 & 2 Step Right foot to Right side. Step Left foot beside Right.
Step Right foot to Right side.
3 - 4 Step back on Left foot. Recover forward onto Right foot.
5 & 6 Kick Left foot forward. Step Left foot beside Right. Step Right foot across over Left.
7 & 8 Kick Left foot forward. Step Left foot beside Right. Step Right foot across over Left.

/MORE OVER→

THE J.L. STOMPERS'

Line Dance Steps



Eagles Rock (cont.)

CHASSE LEFT, BACK ROCK, KICK BALL CROSS X 2

- 1 & 2 Step Left foot to Left side. Step Right foot beside Left. Step Left foot to Left side.
3 - 4 Step back on Right foot. Recover forward onto Left foot.
5 & 6 Kick Right foot forward. Step Right foot beside Left. Step Left foot across over Right
7 & 8 Kick Right foot forward. Step Right foot beside Left. Step Left foot across over Right.

¼ TURN RIGHT, ½ TURN RIGHT, BACK ROCK, FULL TURN, WALK, WALK

- 1 - 2 Making ¼ turn Right, step forward on Right foot.
Making ½ turn Right, step back on Left foot.
3 - 4 Step back on Right foot. Recover forward onto Left foot.
5 - 6 Making ½ turn Left, step back on Right foot.
Making ½ turn Left, step forward on Left foot.
7 - 8 Walk forward on Right foot. Walk forward on Left foot.


HEEL SWITCHES X 3, HOLD, HIP BUMPS

- 1 & Touch Right heel forward. Step Right foot beside Left.
2 & Touch Left heel forward. Step Left foot beside Right.
3 - 4 Touch Right heel forward. Hold and clap.
5 & 6 Bump hips forward twice.
7 & 8 Bump hips back twice.

TAG DANCED DURING WALL 2, END OF 4TH SECTION

STEP TOUCH, STEP TOUCH

- 1 - 2 Step Right foot to Right side. Touch Left foot beside Right.
3 - 4 Step Left foot to Left side. Touch Right foot beside Left.
Restart dance from beginning



LINE DANCE CLASS
WITH
"THE J.L. STOMPERS"
Come and Join
The FUN Class!

Place: St. Edmund Campion School Hall
Altwood Road, Maidenhead
Time: Every Monday from 7.15 to 9.45 p.m.
* First half hour especially for Beginners *

Price: £4.00 per session
Info: Jennifer on 01628 635305