

# ***THE J.L. STOMPERS'***

## **Line Dance Steps**



### **Cowgirl Twist**

**TYPE:** 4 Wall Line Dance  
**DIFFICULTY:** Beginner  
**COUNT:** 32  
**CHOREOGRAPHER:** Unknown

#### **MUSIC SUGGESTIONS**

*"Honky Tonk Twist"* by Scooter Lee

*Face front, weight on Left foot.*

#### **STRUT FORWARD**

1 - 2 Touch Right heel straight forward, snap down Right toe stepping forward.  
3 - 4 Touch Left heel straight forward, snap down Left toe stepping forward.  
5 - 6 Touch Right heel straight forward, snap down Right toe stepping forward.  
7 - 8 Touch Left heel straight forward, snap down Left toe stepping forward.

#### **STEP BACK**

9 - 10 - 11 Step straight back, Right, Left, Right.  
12 Step Left back beside Right.

#### **SWIVEL TO LEFT, HOLD & CLAP, SWIVEL TO RIGHT, HOLD & CLAP**

13 - 14 Travelling swivel to the Left - swivel both heels Left. Swivel toes Left.  
15 - 16 Swivel heels Left. Hold and clap hands.  
17 - 18 Travelling swivel to the Right - swivel both heels Right. Swivel toes Right.  
19 - 20 Swivel both heels Right. Hold and clap hands.

#### **SWIVEL HEELS LEFT, HOLD & CLAP, SWIVEL HEELS RIGHT, HOLD & CLAP**

21 - 22 Swivel both heels Left. Hold and clap hands.  
23 - 24 Swivel both heels Right. Hold and clap hands.


#### **SWIVEL HEELS LEFT, RIGHT, CENTRE, HOLD & CLAP**

25 - 26 Swivel both heels Left. Swivel both heels Right.  
27 - 28 Swivel both heels Left to centre. Hold and clap hands.

#### **STEP RIGHT FORWARD, HOLD, TURN ¼ LEFT STEPPING ONTO LEFT, HOLD**

29 - 30 Step Right forward keeping Left toe in place, leaning into Right shoulder. Hold.  
31 - 32 ¼ Turn Left onto Left foot and lean shoulders to Left. Hold.

#### **REPEAT**



**LINE DANCE CLASS**  
*WITH*  
***"THE J.L. STOMPERS"***  
**Come and Join**  
**The FUN Class!**

Place: St. Edmund Campion School Hall  
Altwood Road, Maidenhead  
Time: Every Monday from 7.00 to 9.55 p.m.  
★ *First half hour especially for Beginners* ★  
Price: £5.00 per session  
Info: Jennifer on 01628 635305